



**Welcome to
Days 14 & 15:**

**Make This
Your Best Year Ever**




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Question

Remember to ask:

1. Why is this just PERFECT?
2. Your new question




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**REST,
MY SOUL,
FOR
THE LORD HAS BEEN GOOD
TO YOU
-PSALM 116 7**

DONNA Partow

 **Angela May** 🙏 reeling blessed.
6 mins

My cover arrived! This is definitely a WOW moment for me. I am soooo amazed right now about the transformation that is happening in my life. Donna you have no idea how much WEU has changed my life. Coming from the verge of suicide & weighing OVER 300 lbs to here. I have written my first piece entitled "I Am Flawed" while taken another class and now God is getting ready to birth a book and a ministry.



 **Maureen Perri**
4 hrs

Happy Sunday! I have been working on a specific writing project since 2013 and just could not move forward. Since I started this class and applying what I am learning, God has started giving me very distinct directions on how He wants this project to look, who it is for, and why it is needed. It is not a chore to write now, but something I really look forward to... Without all the clutter in my life and the clatter in my head I can finally move forward..God is good - He is my Father and He does want to use me. I am NOT a nobody to my daddy! ...and neither are any of you beautiful people!

 **Paula Dykes**
15 hrs

My main goal for this class was to clarify my vision. I didn't have a vision of any kind and have never been able to make goals. I've been searching for my identity for what seems like eons. How can you have a vision or make goals when you don't know who you are or what really trips your trigger? I am so excited to share that this class is drawing forth my identity and the vision for my life is becoming clear. I am finally able to "see" what things are really important to me, what I want to accomplish in life and to put them down on paper without feeling guilty or selfish. I'm beginning to see how my Be - Do=Have list are all intertwined and how they work together. Revelation is amazing! I am having to go at a slower pace than I'd like due to this being our busy season at work. I don't want to rush through the workbook, but really "listen" to the teachings (I'm so thankful for the replays!) not just with my physical ears, but with my spiritual ears, too. The transformation in my life began last year with the 90 Day Renewal classes, but this class is catapulting me to a higher level than what I ever could of imagined. The desires that have been in my heart for years are not mere foolishness, but what God intended for me when He wrote my days down in His book before I was even formed in my mother's womb. I'm beginning to understand that. My old question was : "Why me"? My new question is "Why NOT me?" A shift has taken place. Confidence and boldness are rising up. Thank you, Donna, and all my classmates. Your postings are so encouraging and eye-opening. You've helped me tremendously!



Step 2

PLAN

Based on Your
Pre-Determined
Priorities

This slide features a background with a green and yellow gradient. The text is centered within a white rectangular area. The word 'PLAN' is highlighted in a green oval.

Step 3

Create a

MEASURING SYSTEM

to Track Your Progress

This slide features a background with a green and yellow gradient. The text is centered within a white rectangular area. The words 'MEASURING SYSTEM' are highlighted in a green oval.

Step 4

Establish

ACCOUNTABILITY

This slide features a background with a green and yellow gradient. The text is centered within a white rectangular area. The word 'ACCOUNTABILITY' is highlighted in a green oval.

Step 5

MONITOR

Your Milestones

This slide features a background with a green and yellow gradient. The text is centered within a white rectangular area. The word 'MONITOR' is highlighted in a green oval.

Step 6

Celebrate
Your

ACHIEVEMENTS

Step 7


IMPART

Your Gifts
to
Impact the World

Day 14

I Resolve


I resolve to partner with God to Make
This My Best Year Ever by _____
(doing what) _____ (where)
_____ (when/how often) so that I
can _____ (accomplish what)



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Days 14:
**How to Have More
Energy**



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Day 14

Disempowering Questions

Focus on things beyond your control

Usually begin with the word *why*...

Why things happened in the past..



Day 14

Disempowering Questions

Why things *always* happen to you...

Why someone isn't helping you...

Leave you feeling frustrated, angry, resentful...exhausted.



Day 14

Empowering Questions

Focus on things completely within your control....

They are about *what* you can do next and *how* you can make a change.

What's the best way/better way....



Day 14

Disempowering Questions

The Cure for FAR is NEAR.

Drawing NEAR to God!



Day 14

Empowering Questions

Who are the people who can help me move forward...

What are the smartest resources I can use...

How can I improve....



Day 14

Empowering Questions

Write out empowering questions before bed and delegate it to your brain.

Pray about it and watch for GOD to bring the answer.



Day 14

Want more energy?

TAKE MASSIVE ACTION !!!

*Satis: Latin for enough

*Satis-f-ACTION

*When we take enough **action**, we will experience **satisfaction**.



Day 14

Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. For we are each responsible for our own conduct.

Galatians 6:2-5 (NLT)



Day 14

Key Points:

- *If you take enough action in the area of YOUR responsibilities, you will be energized by the satisfaction of a job well done.
- *Pick your pain. The pain of discipline (now) or the pain of regret (later).



Day 14

Nehemiah's journey begins with a question:

"I questioned them about the Jewish remnant" (Nehemiah 1:2)



Day 14

Nehemiah's journey continues with great questions:

"May I have letters?" (people)
(Nehemiah 1:7)

May I have timber? (resources)



Day 14

Nehemiah & the People Took Massive Action

Chapter 3



Day 14

Notice the Disempowering Questions the Enemy asks:

What are those feeble Jews doing? Will they restore their wall? Will they offer sacrifices? Will they finish in a day? Nehemiah 4:2



Day 14

Notice the Disempowering Questions the Enemy asks:

Can they bring the stones back to life from those heaps of rubble? Nehemiah 4:2



Day 14

The Solution to the Enemy's Disempowering Questions? Massive Action

"So we rebuilt the wall till all of it reached half its height, for the people worked with all their heart." Nehemiah 4:6



Day 14

The Solution to the Enemy's Disempowering Questions?

Clearing out the rubble!

"The strength of the laborers is giving out, and there is so much rubble that we cannot rebuild the wall." Nehemiah 4:10



Day 14

The Solution to the Enemy's Disempowering Questions?

What did they do when the Enemy said it was hopeless?

Worked even harder! MASSIVE ACTION.



Day 14

The Solution to the Enemy's Disempowering Questions?

"When our enemies heard that we were aware of their plot and that God had frustrated it, we all returned to the wall, each to his own work."

Nehemiah 4:15



Day 14

The Solution to the Enemy's Disempowering Questions?

When the enemy tries to frustrate *you*, take massive action and trust God to frustrate *him*!



Day 14

When the Enemy invites you over..

"Come, let us meet together in one of the villages on the plain of Ono"

Nehemiah 6:2



Day 14

When the Enemy invites you over..

Let's have a little chat about how hopeless your life is, how you'll never change, how you have no chance and what a loser you are. Let's pitch a Pity Party!!!!



Day 14

Nehemiah has another great question..

"Why should the work stop while I leave it and go **down** to you?"

Nehemiah 6:3



Day 14

Great Question!

Why should you stop taking Massive Action toward your Vision & Plans to go to the devil's pathetic Pity Party?



Day 14

Great Question!

Haven't you attended enough of those already?



Days 15: Escaping The Great Escape



Day 15

Engage fully in the battle for your destiny

- *Learning to monitor your behavior on a daily basis is one of the most powerful life skills being presented in this module of WEU.
- * Whiteboard, smartphone app, spreadsheet, etc
- *How you do one thing is how you do everything. So change the way you do one thing.



Day 15

Engage fully in the battle for your destiny

Stay in the present moment

- *Resist the temptation to dwell on the past.
- *Don't get swept up in worry about the future.
- *Be fully present.
- *Monitor your behavior: when, exactly, are you tempted to escape?



Day 15

Engage fully in the battle for your destiny

Stay in the present moment

- *Be alert to your pitfalls and pro-actively plan how to respond.



Day 15

Engage fully in the battle for your destiny

- *There are some things all of us need to be at our best:
 - fresh air
 - correct diet
 - daily walk
 - uncluttered clean home
 - time with friends



Day 15

Engage fully in the battle for your destiny

- *If you're not meeting your basic needs, don't be surprised when you want to escape from your life.
- *We cannot live our Best Life unless we, ourselves, are at our very best.



Day 15

Key Passage:

But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way. Now God had caused the official to show favor and compassion to Daniel. Daniel 1: 1-9



Day 15

Key Points:

- *A major shift is happening. Away from David "everybody blows it all the time, so my sins are no big deal" to Daniel "everyone is watching all the time, so we need to bring our A Game" every day.
- *24/7 access to every aspect of our daily lives means sloppy haphazard living is no longer an option for Christians.



Day 15

Key Points:

- * Daniel survived four kings (Nebuchadnezzar II, Belshazzar, Darius and Cyrus) representing three empires: Babylonians, Medes and Persians.
- * He lived his entire life in captivity but he was never held captive. He was a slave but he was never enslaved.



Day 15

Key Points:

- * Faced with difficult circumstances, Daniel chose to show up in a big way. He came up with a strategy to ensure he would be in top form to meet the challenge and resist the pressure to conform.
- * Don't conform; show up in top form!



Day 15

Armed for Battle & on Assignment

God gives us favor that leads to promotion when we choose not to escape but to show up in a big way ready for battle.
How do we do that?

- War with worship.
- War in prayer
- War with decrees.



Day 15

Armed for Battle & on Assignment

- Less complaining. More decreeing.
- Less Comforting, Coping & Escaping.
- More Massive Action



Day 15

Armed for Battle & on Assignment

Rather than escaping...

"Daniel so distinguished himself among the administrators and the satraps by his exceptional qualities that the king planned to set him over the whole kingdom." Daniel 6:3



Day 15

Daniel show up Armed & Dangerous.

- *He understood that Living His Best Life, staying in Alignment with the Assignment; showing up Armed for Battle was a full-time job.
- *He understood that, because he lived in a fishbowl, his public platform could never rise higher than his personal life.



Day 15

- *In this new age of the all-seeing eye of social media (not to mention the government), we need to be armed for battle and on assignment 24/7.



Day 15

- *Not even his enemies could bring a charge against his integrity. He walked the walk, he didn't just talk the talk:



Day 15

"At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find no corruption in him, because he was trustworthy and neither corrupt nor negligent. Finally these men said, We will never find any basis for charges against this man Daniel unless it has something to do with the law of his God.'" Daniel 6:4-5



Day 15

*When we see something in the Old and New Testament, we need to pay extra close attention:

"Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day he visits us."

1 Peter 2:12



Day 15

Daniel walked CONSISTENTLY.

Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before. Then these men went as a group and found Daniel praying and asking God for help.

Daniel 6:10-11



Day 15

Challenge Questions:

- 1.If people showed up at your house, at three random moments throughout your day...where would they find you?
- 2.Would they find you Living Your Best Life? Or escaping? Or indulging one of your other Competing Intentions?
- 3.Does your honest answer to that question... answer any questions or solve any mysteries about your life?



Day 15

Daniel thrived in a situation 99% of people would want to escape.

*His circumstances said, "You've lost it all. You're a slave now."

But his spirit and soul rose up and declared, "I was born to rule and reign."



Day 15

Daniel thrived in a situation 99% of people would want to escape.

* He didn't focus on all he had lost and everything that was against him.

* Daniel lived and died in service to those who destroyed his nation and dragged him away in chains...but no one would look at his life and say he had been defeated.



Day 15

Daniel thrived in a situation 99% of people would want to escape.

*Kingdoms rose and fell around him, but no one could strip Daniel of his position or his authority, because he stayed in alignment with the assignment upon his life.



Day 15

Challenge questions:

1. What are you trying to escape?
2. Wouldn't it be better to rise up and live victoriously in the midst of a situation where the easiest thing to do would be to play the victim?



Day 15

People around you, shape you.

*Daniel surrounded himself with the right people. His closest friends were people who refused to bow (Shadrach, Meshach and Abednego). They preferred to face the fiery furnace rather than turn their back on God.



Day 15

People around you, shape you.

* These were people who stretched him, who challenged him by their example to be more and do more.



Day 15

People around you, shape you.

*If you escape from every person (and circumstance) God wants to use to mold your character, don't be surprised at your lack of progress.



Day 15

Questions to Ponder:

1. Who are you accountable to?
2. Who challenges you?
3. Do you try to escape people who challenge you?
4. Do you surround yourself with people who tell you what you NEED to hear..or only what you want to hear?



Day 15

Enjoy the journey

Even when life's journey takes you places you'd rather not go, learn to make the best of it. Notice that in the midst of all his losses, in the midst of incredibly difficult circumstances, Daniel still enjoyed his life.



Day 15

Enjoy the journey

He still had:

- Good food
- Good friends
- Good routines
- Good connection to God



Day 15

How about you?

Ask God to show you one thing you've been trying to escape. Then ask Him for the power to rise to the occasion. If you do, then you -- like Daniel-- will be ready for:

- *FAVOR
- *PROMOTION
- *KINGDOM IMPACT

