

**Welcome to  
Day 18:**

**Make This  
Your Best Year Ever**




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**Question**

**Remember to ask:**

1. Why is this just PERFECT?
2. Your new question



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 **Alison Braxton** 22 mins

I wake up every morning looking forward to fulfilling my goals. This class has been a blessing. I never thought about taking time for myself to develop a vision, establish measurable goals and retraining my brain. What a revelation! Discipline and focus are coming on me. The new woman is coming forth!

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**Christine L'Heureux**

10 hrs

I have to share the miracle that happened today.

I really believe the Lord is working in my heart as a result of this class. Donna's teaching is like the Holy Spirit feeding my spirit. Sometimes I can't even put into words what I've received from the class. The words touch my soul and spirit so deeply. Transformation is taking place.



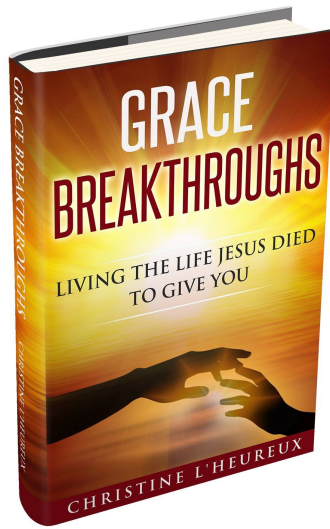
**Christine L'Heureux**

11 hrs

Vikiana finished my 3D ebook cover! I am so excited! What a great idea to get a book cover.

The phrase, "Living the Life Jesus Died to Give You," became meaningful to me back in October of last year and grabs my heart. I heard Donna say it, too. Amazing!

The cover will keep my vision for writing this book always in front of me. The phrase is a vision for living my life as well. Saturday I start the outline, 4 hours scheduled in, 10 a.m. to 2 p.m.





*Step 2*

**PLAN**

Based on Your  
Pre-Determined  
Priorities

*Step 3*

Create a

**MEASURING SYSTEM**

to Track Your Progress

*Step 4*

Establish

**ACCOUNTABILITY**

*Step 5*

**MONITOR**

Your Milestones

*Step 6*

Celebrate  
Your

**ACHIEVEMENTS**

*Step 7*


**IMPART**

Your Gifts  
to  
Impact the World

Day 18

**I Resolve**

I resolve to partner with God to Make  
This My Best Year Ever by \_\_\_\_\_  
(doing what) \_\_\_\_\_ (where)  
\_\_\_\_\_ (when/how often) so that I  
can \_\_\_\_\_ (accomplish what)



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## Day 18: 7 Principles For Achieving a Lasting Impact



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## Day 18

### Principle #1

Our true Best Life begins, not in our own heart, but in the heart of God.

*What my God had put on my heart to do...*  
Nehemiah 2:12



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## Day 18

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## Day 18

### Guidelines for Prayer

Acknowledge God as both Ruler (His power) and Promise Keeper (His compassion).

Confess both your own sin and the sins of those you are called to reach with your message (Nehemiah 1:6-7).

Base your requests on principles and promises set forth in God's Word (Nehemiah 1:8-9).



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Ask boldly, without being focused on a specific outcome (Nehemiah 1:11)

Too often we tell God exactly what we want to see happen, how and when we want it to unfold. Nehemiah doesn't do that. Instead, he simply says, "God, I want you to grant me favor in the eyes of this man. I don't know what that will look like or what the exact outcome will be, but I know that's what I need."



## Day 18

The outcome is actually above and beyond what Nehemiah might have asked at this moment

Ask God for what you need, but let him handle the details involved in bringing it to pass.

At the proper time, God will reveal his plan



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### Principle #2

Before we step into our Best Life, there's often an extended season of quiet preparation and planning.

For Nehemiah, it was 4 months. For many others in the Bible, the waiting period was decades long.



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### Principle #3

Preparation begins with prayer but it doesn't stop there. During Nehemiah's waiting period, it's clear The King was revealing a number of key things as evidenced by his conversation with the king (lowercase!)



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### Principle #3

God wants to show you:

1. Realistic timeframe
2. Possible obstacles
3. Key people/gatekeepers
4. Needed resources & supplies
5. Prepare for the Unexpected



## Day 18

### Principle #4

You can be very bold when you've spent time with God and are confident you've heard from Him.



## Day 18

### Principle #4

Nehemiah not only asked for supplies to rebuild the temple and the city wall, but for his own house! It's okay to ask for what you need to be at your best in order to achieve your Best Life.



## Day 18

### Principle #5

Nehemiah invited people to partner with him. He knew better than to behave as the proverbial bull in a china shop. He recruited others and got them fully on board before moving forward.



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### Principle #6

Building (or rebuilding) something, even with God as the architect, doesn't mean you won't face opposition. But when you have prayed, prepared and recruited others who believe in your Best Life, you'll have the courage of your convictions and the strength to keep going in the face of ridicule.



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### Principle #7

Nehemiah acknowledged God's favor as the key to achieving his Best Life.

