




90-Day Jumpstart to a New You!


Weekly Audios


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-  [Proverbs 31;10-31 Donna Partow.mp3](#)


-  [01 J.S. Intro. to Proverbs 31.mp3](#)


-  [02 J.S. Godly Habits.mp3](#)


-  [03 J.S. Healthy Eating Fasting.mp3](#)


-  [04 J.S. Fitness for Ordinary Women.mp3](#)


-  [05 J.S. Personal Self Management.mp3](#)

-  [06 J.S. Financial Planning.mp3](#)

-  [07 J.S. Personal Appearance.mp3](#)

-  [08 J.S. Home Enterprises.mp3](#)

-  [09 J.S. Household Management.mp3](#)

-  [10 J.S. Family Relationships.mp3](#)

 [11 J.S. Ministry of The Home.mp3](#)

 [12 J.S. Retirement Planning.mp3](#)

 [13 J.S. Summary & Take Aways.mp3](#)