

Date \_\_\_\_\_



### A. What Will Make Today Great?

\_\_\_\_\_  
\_\_\_\_\_

### B. SHINE

Start My Day with God

Hold My Weight Under \_\_\_\_\_

I \_\_\_\_\_

N \_\_\_\_\_

Exercise  and Eat Right

### C. STAR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

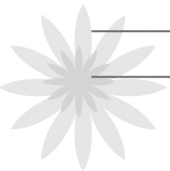
### D. Evaluation

3 Amazing Things About Today:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Today would have been even better if:

\_\_\_\_\_  
\_\_\_\_\_



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### C. STAR

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2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
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### D. Evaluation

3 Amazing Things About Today:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Today would have been even better if:

\_\_\_\_\_  
\_\_\_\_\_

