

## Welcome The Renewal Lifestyle Club



#### What Should You Do NOW

#### Keep it Simple

- Our motto is "little bits with consistency"
- We believe small changes make a big difference over time.
- You have become part of a global community of Wise Well Women who've locked arms to spur one another on and hold each other accountable to make permanent lifestyle changes.

#### Our Core Principles

- Time in God's Presence
- Time in His Word
- Time in His Creation
- Time spent preparing God'sFood so His Food becomesFast Food



## Cup of Warm Lemon Water 1st Thing







#### Time in His Presence

## Your First Gift

My love language is gifts, you get used to it.
Your first gift is "Resting Place" - 15 minutes of anointed soaking music.



# Scripture Memory Verses & Affirmations



God's Food







Soul at Rest, Body in Motion

#### A Taste of Renewal

You'll notice I've posted a video training and an audio session.



### The Gambling Spirit

### The Power of Vision

## Come meet your sisters in the Facebook Group.

